

SCI ICU WARD ROUND CHECK LIST

AIRWAY		Can you extubate?	<input type="checkbox"/>
		Is trache needed?	<input type="checkbox"/>
		Stoma check for injury	<input type="checkbox"/>
BREATHING		Progress ventilator weaning	<input type="checkbox"/>
		Avoid high PEEP if possible	<input type="checkbox"/>
		Keep flat	<input type="checkbox"/>
		Abdominal binder if sitting up	<input type="checkbox"/>
		Consider frequent, aggressive chest physiotherapy	<input type="checkbox"/>
		Consider bronchodilators	<input type="checkbox"/>
		Consider inhaled NAC or hypertonic saline if secretions thick	<input type="checkbox"/>
CIRCULATION		MAP > 85 for 7 days with IV vasopressors unless reason not to	<input type="checkbox"/>
		Severe persistent bradycardia consider isoprenaline/adrenaline	<input type="checkbox"/>
		If intermittent bradycardia consider Glycopyrrolate	<input type="checkbox"/>
		Consider other causes of shock	<input type="checkbox"/>
DISABILITY	•	Ensure ISNCSCI completed	<input type="checkbox"/>
	•	In cervical SCI, look for and manage vertebral artery dissection	<input type="checkbox"/>
	•	Neuropathic pain? consider pregabalin, tapentadol, amitriptyline	<input type="checkbox"/>
	•	Is pain team consult required?	<input type="checkbox"/>
	•	Is muscle spasticity problematic? Is baclofen required?	<input type="checkbox"/>
GI TRACT		Daily bowel care regimen	<input type="checkbox"/>
		Avoid medications that exacerbated constipation e.g. opiates	<input type="checkbox"/>
		Prescribe PPI	<input type="checkbox"/>
		Get swallow assessment and commence oral diet	<input type="checkbox"/>
URINARY TRACT	•	Initially IDC	<input type="checkbox"/>
	•	Early SPC in higher cervical SCI	<input type="checkbox"/>
SKIN		Daily inspection	<input type="checkbox"/>
		Correct mattress?	<input type="checkbox"/>
		Protocol based frequent re-positioning	<input type="checkbox"/>
PSYCH	•	Address questions / education / understanding	<input type="checkbox"/>
	•	Family update	<input type="checkbox"/>
	•	Screen for depression	<input type="checkbox"/>
	•	Consider early referral to spinal psychologist	<input type="checkbox"/>
VTE		Enoxaparin 40 mg daily 48h after surgery	<input type="checkbox"/>
		Screening lower limb doppler USS	<input type="checkbox"/>